

Be Healthy with



Ayurveda Herbal Food Products



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SIDDHALEPA Ayurveda Herbal Food Products

Ayurvedic Teas

AYUR DIACIN - Condensing the rejuvenating powers of nature into liquid form, Siddhalepa Ayur Diacin is a specially formulated herbal tea for those with diabetic conditions. Ayur Diacin supports the natural metabolism of sugar in the body and is completely caffeine free, and proven beneficial for centuries it is prepared to an Ayurvedic composition that adjusts and maintains natural carbohydrate homeostasis. With no added chemicals or additives, it contains 100% natural ingredients including Cinnamon, Kothala Himbutu, Heart Leaved Moon seed, Jak Fruit and Indian Kino.

AYUR SERENE - This ancient formula has been used to relieve stress, anxiety and depression, paving the way to a soothing sleep.

AYUR BREATHE - Historically this ancient formula has been used to relieve asthmatic symptoms and help breathe freely and deeply.

AYUR CLEANSE - Historically this ancient formula has been used to help the body cleanse itself of toxins and waste.

AYUR VITAL - Historically this ancient formula has been used to stimulate sexual appetite and help achieve the heights of passion with your loved one.

AYUR FLOW - Historically this ancient formula has been used to stimulate the blood to dispel toxins and maximize body's natural defenses. Also strengthens the immune system and purifies the blood to maintain good health.

AYUR SLIM - Historically this ancient formula has been used to shed unwanted pounds by calming excessive appetite, normalizing metabolism and improving bodily elimination.

AYUR IMMUNE - This ancient formula has been used to relieve congestion, sore throat, headaches and other symptoms of common cold or other respiratory conditions. Also strengthens the immune system while detoxifying the body.

AYUR INTELLECT - An ancient Ayurveda formula used to energize, stimulate and revitalize brain functions and improve memory.

Ayur Gastro

Ayur Gastro is effective for Excessive Gas, Acid Indigestion, Flatulence, Indigestion, Heartburn, Bloating which are indication for gastritis. Manufactured using natural extracts from Asamodagam and Cumin seeds. No alcohol or artificial ingredients are used in preparation.

Madhu Lasuna (Garlic in Bee Honey)

An effective Ayurvedic restorative since time immemorial for longevity. Prevents blood pressure, blood cholesterol, heart ailments, phlegmatic disorders and bloated stomach. Helps to reduce fat and lose weight. Recommended for both young and old. It may be spread on bread like jam.

Ayurveda Food Supplement

Threepala is a time honoured Ayurvedic formulation which helps to harmonize these doshas and maintain body rhythm. The stomach is the powerhouse of the human body. It digests the food you eat, produces blood-renewing hormones and provides energy you need to activate body functions. Breakdown of this digestive system is the root cause of most complaints of the human body. Certain foods increase the acidity of the stomach and create bowel disorders such as gastritis. Threepala is renowned for relief from such bowel discomforts. It helps to purify bowels and increase and regulate blood production.

Ayurveda Elixier

Elixirs are herbal wine recommended in the ancient Ayurveda pharmacopoeia to balance the 3 doshas. Elixirs are made using Ayurvedic plant extracts and essences of several rare medicinal herbs which are blended and matured in Teak Vats. No synthetic chemicals or alcohol is used in their manufacture. Well Being, Calmness, Energy, Joint Pains, Mild Laxative, Cardiac, Relief Phlegm, Blood Purifier, Skin, Health Organs, Well Women, Body Cooling

Ayurveda Food Supplement

Ayur Fresh An effective source of cooling for the body.

Ayur Flush Helps to alleviate excessive intestinal movements, inflammatory conditions, constipation, and slow down fluid excretion into the intestinal tract.

Ayur Lean Helps to avoid digestive problems such as heartburn. Assists in weight loss, energy levels, endurance and dietary nutrition.

Ayur Alert Helps to improve one's mental capacity and retentive power.

Ayur Detox Helps to cleanse and purify blood by acting on the digestive tract (Process of internal detoxification)

Ayur Cardio Effective in reducing serum cholesterol, LDL cholesterol and tri-glycerides.

Ayur Cold Assists in alleviating respiratory discomforts, enhances expectoration, soothes coughs and boosts resistance capacity of the lungs.

Ayur Filter Helps to provide cleansing properties for the bladder and to promote general health of the urinary tract.

Ayur Nerv Assists to maintain proper functioning of the nervous system, relaxes muscles giving a calming effect on the nervous system.

Live Long Healthy Pack

Garlic in Bee Honey

Benefits : Helps to prevent excessive fat in blood, obesity, weakness of heart and blood circulation, phlegmatic disorders, premature aging and bloated stomach.

Cinnamon in Bee Honey

Benefits : Helps to boost immune system, prevent cancer, increase the health and functionality of the digestive system, provide relief from arthritis, reduce cholesterol levels, manage weight, reduce hair loss and stimulate hair growth, manage diabetes.

Pure Bee Honey

Benefits : Helps to promote weight loss, reduce body fat and triglycerides, alter the response of specific appetite hormones to help protect against obesity.

Aqualive Herbal Drink

Rasakinda - Rasakinda healing water helps and improves immune system. It reduces stress and gives a cooling effect to the body.

Polpala - Popala heals the body with excellent detoxifying ability and improves the sense of well-being. Is a natural diuretic and gives a cooling effect to the body. Also possess anti-oxidant activity.

Ranawara - Ranawara healing water assists in regulating blood sugar levels and heals the body giving you a youthful skin.

Belimal - Belimal healing water supports in digestion, eases stomach aches and intestinal discomfort. Shows significant anti-microbial and anti-oxidant properties.

Iramusu - Iramusu healing water aids in detoxification and more youthful skin appearance. Acts as a natural diuretic and gives a cooling effect to the body.

SIDDHALEPA other products - Siddhalepa Balm, Oil, Inhaler, Ayurveda Toothpaste, Ayurveda Soaps, Ayurveda Massage Oils, Ayurveda Shampoo, Ayurveda Shower Gel, Ayurveda Body Lotion, Ayurveda Conditioner, Ayurveda Aroma Oil etc.



SIDDHALEPA Hotels and Spas with Ayurveda Treatments

Anarva Mount Lavinia is the only city hotel with Sri Lankan authentic Ayurveda therapy and offers a wide range of treatment. It's a perfect urban retreat in proximity of Colombo city, just 400 meters away from the beach.

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Ayurveda
Resorts & Spas



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Get away from the hustle and bustle of the city and the pressures of modern living, unwind and relax with some wonderful days of pampering and healing at the **Siddhalepa Ayurveda Health Resort**, situated on calm & serene wadduwa beach. We provide traditional Ayurveda treatment to cleanse, detoxify, and to rejuvenate your mind, body and soul.